



## **MARLEY RESORT & SPA IN THE BAHAMAS MAKES MELODIOUS CUISINE**

Whether simmered or stirred, the new Marley Resort & Spa in Nassau, The Bahamas, infuses cuisine and cocktails with the unmistakable Marley vibe. Brave creations, praises to tradition and tastes to satisfy palates and soul – that is the culinary essence of Marley Resort & Spa.

Its signature restaurant, *Simmer Down*, features a menu of gourmet Caribbean cuisine, classic family recipes, as well as traditional Jamaican dishes. The resort's chefs execute inspired fare that brings every guest a flavorful bite, whether it is breakfast, lunch or dinner. Bob Marley's former personal chef, Mama Lur, adds her special spices to the menu.

*Simmer Down* features a beachfront patio, interior dining room and open-air courtyard, where a stage hosts live music from the Caribbean, Jamaica, The Bahamas, Africa and Sunday Jazz.

Natural and organic produce along with fresh seafood play host here. For an authentic Caribbean breakfast, the "Sun is Shining Special" offers delightful daily dishes varying from Ackee and Codfish with boiled banana and sweet plantain to Calaloo and fried dumpling with sweet plantain. *Simmer Down's* lunch menu keeps it fresh with soups, salads and sandwiches that integrate local produce.

*Simmer Down's* dinner menu stays in rhythm with mouth-watering Jamaican staples, such as Ital Pepper Pot Soup and Roasted Lamb Rack. Some of Bob's favorites are offered, like the Spicy Jerk Fish. Other delectable items on the dinner menu include Savory Seafood & Cheese Turrine, Roasted Organic Pineapple Rum Duck and Bahamian Lobster Duo. In-room dining for resort guests is also available for those who want the royal treatment.

For more information on or to make reservations, please visit [www.marleyresort.com](http://www.marleyresort.com), e-mail [guestrelations@marleyresort.com](mailto:guestrelations@marleyresort.com) or call 1.866.737.1766 or +1 (242) 702-2800.

### **ABOUT MARLEY RESORT & SPA**

Situated in the Bahamas, the Marley Resort & Spa is peacefully tucked in the lush grounds of Cable Beach, Nassau, just a 60-minute flight from Miami. The summer retreat of the Reggae Royalty now welcomes guests to 16 luxurious, themed suites, all of which reflect musical legacies of Bob and Rita Marley. The property has two free-form pools, a five-star personal concierge service, boutique featuring Cedella Marley fashions, music gallery, and a Caribbean-fusion restaurant that offers some of the Marley's favorite dishes. An intimate escape into the talented life of a legendary family, the Marley Resort & Spa blends the best of the region's rich culture with the artistic energy of this acclaimed family.